



Aspotogan Recreation Association **Community Newsletter**

Vol. 53 Issue 9 September 2026

Aspotogan ~ Bayswater ~ Blandford ~ Deep Cove ~ Northwest Cove

ARA UPDATE SEPTEMBER 2026

ARA Annual General Meeting: Thursday, September 10 at 7:00 pm in the Youth Room, Community Centre. Please join us if you are interested in finding out more about the ARA, have ideas for programs or questions, or would like to become a member of the planning group. We are always looking for new ideas and members!

The annual Halloween Haunted Trail will be a topic for discussion after the business portion of the AGM. If you have some spooky, fun ideas for this year, or are interested in helping out with the planning and execution of the trail, please come to the meeting or contact one of the executive. Watch the Facebook pages for our follow-up Haunted Trail meetings during September/October.

Chair Yoga:

Fridays, 10:00-11:00 in the Community Centre . Drop-in fee is \$7.00/class – please bring exact change if possible. All are welcome to this fun and ‘user-friendly’ class. No previous experience is necessary. Wear comfortable clothing and bring a yoga mat if you have one.

Drop-in Pickleball:

Thursdays 6:00-7:30 in the Community Centre gym. \$3.00/player. Beginner and experienced players are welcome, age 13+. Cancellations will be posted on the community centre facebook page by 3:00 pm on Thursdays.

(<https://www.facebook.com/blandfordcommunitycentre>) All equipment is provided, please wear non-marking sneakers. Questions? Email: Pickleball@BellAliant.com.

A youth basketball skills program is in the planning stages for start-up in October. More information in the next newsletter and on the Facebook pages.

WATCH BLANDFORD AND COMMUNITY CENTRE FACEBOOK PAGES FOR UPDATES AND CHANGES TO ACTIVITIES. If any community members have ideas for programs, please contact a member of the Executive – we welcome your ideas and feedback!

ARA executive: Carly LeBlanc 902-277-1269; Mary Norwood 902-228-2453, Vicki Schnare 902-228-2234 (vicki.schnare@bellaliant.net), Nancy Webb 902-225-2915 (n.webb@dal.ca), Wendy Clark 902-877-4871 (wendyl.clark@gmail.com), and Emily Woodworth .(emilylwoodworth@live.com)

COMMUNITY NEWS

DISTRICT # 1 COMMUNITY CENTRE



FALL IS HERE AND WE HAVE LOTS OF GREAT EVENTS COMING UP!
WATCH OUR FACEBOOK PAGE FOR UPDATES!

Our 36th Annual Holiday Arts and Crafts Sale is fast approaching!! Vendors email – blandfordns@gmail.com to book a table!



Next Board of Directors Meeting is Wednesday, September 2nd at 7 pm.

All meetings are open to the public!

Board of Directors for 2026/2027 -

Kelly Fitzgerald, Chair	902-222-1046	kahfitzgerald@gmail.com
Wendy Clark, Vice Chair	902-877-4871	wendyl.clark@gmail.com
Britlee Harnish, Treasurer		britleeharnish@gmail.com
Karen Overholt, Secretary	519-567-1591	francis_karen@hotmail.com

Board Members (2026/2027)

Samantha Murphy, Odessa Bezanson, Joanne Walton, Eric Miller, Mary Norwood, Tami Clarke, Edward Burdon

COMMUNITY NOTICES

THE FIRE PROTECTION COMMISSIONERS FOR THE DISTRICT OF BLANDFORD

Regular Monthly Meeting
September 14, 2026 @7pm

Blandford Community Centre in the Lodge
(Entrance through side door – training tower side)

Ratepayers are welcome to view meetings

*Watch our Facebook page for any updates or changes at
"BLANDFORD & AREA FIRE RESCUE"*

BLANDFORD & AREA FIRE RESCUE

EFFECTIVE MARCH 15, 2026

OUTDOOR FIRES

Before having **ANY** outdoor fire; brush fire, grass fire, in a fire pit(camp fire) or any open flame please check the website or call:

www.novascotia.ca/burnsafe

1-855-564-2876

updated daily at 2pm for that day burning restrictions.

For any questions please contact Shelley Hartley via
email: blandfordcommission@bellaliant.com

www.blandfordfire.ca

COMMUNITY EVENTS



ATHENÆUM SOCIETY

OF NOVA SCOTIA

www.athenaeumns.org

Brain Tech – New MRI-type Tools for Depression and Dementia

**Presented by
Dr. David Olson**

New brain imaging tools make novel use of an MRI Scan to study the brain in both neurology and psychiatry. Dr. David Olson will present an overview of current MRI applications in cognitive impairment, early dementia and other neurological and mental health disorders. He will discuss these new structural and functional imaging tools and the prospects for new, non-invasive MRI-AI based diagnostic tests.

Dr. Olson is an experimental and theoretical physicist with a focus on supercomputer simulations in quantum field theory. He is also a psychiatrist with expertise in psychotherapy, psychopharmacology, neuroimaging and medical informatics. Dr. Olson practices psychiatry in Nova Scotia and is a professor at Dalhousie Medical School.

Sunday, September 13, at 2:30pm
Ocean Swells Community Centre
Northwest Cove, 2726 Hwy 329 (Hwy 103 Exit 6)

All are welcome. Q & A. following.
For more info, call: (902) 476-4465

COMMUNITY NOTICES

Coming this Fall...

Volunteer Summit 2026

Local Hands. Lasting Impact.

**Saturday, Nov 7, 2026
NSCC, Bridgewater**

For Summit updates email:
recreation@chester.ca



COMMUNITY NOTICES

Blandford Seasideers Are Getting Ready for Fall!

The Blandford Seasideers are getting ready to begin another year of good times, good company, and plenty of reasons to get together. Our first meeting of the new season will be **Friday, September 18th** at 7:00 p.m. at the Blandford Community Centre.

Summer kept the Seasideers busy with bus trips, outings, and our July picnic. We have a wonderful photo of the group enjoying the day at **Rissers Beach**, and it is a lovely reminder of how much fun can be had when neighbours get together.

Although we are called the **Seasideers, Blandford's Seniors group**, we are much more. We are a social club, and everyone is welcome. You do not have to be a certain age to enjoy a good outing, or simply a night of conversation and laughter.

We would especially love to welcome some new members this year. The more people who join us, the more ideas, energy, and fun we have!

And a little reminder as we look toward fall: we will need new officers following our October election.

We hope everyone is enjoying these last golden days of summer and looking forward to a wonderful fall together. Come out, bring a friend, and join us on September 18th!



COMMUNITY NOTICES

Talking Trash **on Tour!**

Let's Clear Up The Changes!

Learn about waste sorting rules

Hubbards Lions Club-
September 16, 2026 6:00 pm

Municipality of Chester Recycling Coordinator and Region 6 Solid Waste Management will be offering a education session on all things garbage and recycling.

Please join us and bring all your waste related questions.

FREE resources will be available to take home



Got Questions About Garbage?

Come **Talk Trash With Us!**



HELP WANTED/COMMUNITY NOTICES

Part-time Secretary Required

Christian mission organization in Blandford is seeking part-time secretary (emails, reports, administrative work). Flexible hours - mornings or afternoons. Call Dr. Manfred Kohl (902) 228-2288.

Wooden Crafts for Sale

Wide variety of hand-made wooden crafts available at reasonable prices, including: stools, buoys, birdhouses and feeders, Christmas crafts and more!

22 Publicover Road, Blandford

Terry Zinck (902) 228-2333

OHC SAME DAY CLINIC SERVICES CALENDAR FOR **SEPTEMBER 2026**

Phone Lines for the Same Day Clinic Open **8:00am** Each Clinic Day

Call (902) 273-2098 For A Same Day Appointment (We **DO NOT** offer walk-in service; you must have an appt.)

Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 to 5:00 pm – Same Day Clinic	2 9:00 to 5:00 pm – Same Day Clinic 8:30 to 12:00 – Menopause/Forms Clinic 9:00 am to 5 pm – Dr. Morissette (Referral)	3 9:30 to 2:00 pm – Same Day Clinic	4 9:00 to 5:00 pm – Same Day Clinic	5 9:00 to 3:00 pm – Same Day Clinic
8 9:00 to 5:00 pm – Same Day Clinic 4:30 to 7:00 PM – Menopause/Forms Clinic	9 9:00 to 5:00 pm – Same Day Clinic 9:00 am to 5 pm – Dr. Morissette (Referral)	10 9:30 to 2:00 pm – Same Day Clinic	11 9:00 to 5:00 pm – Same Day Clinic	12 9:00 to 3:00 pm – Same Day Clinic
15 9:00 to 5:00 pm – Same Day Clinic	16 9:00 to 5:00 pm – Same Day Clinic 8:30 to 12:00 – Perimenopause Clinic 9:00 am to 5 pm – Dr. Morissette (Referral)	17 9:30 to 2:00 pm – Same Day Clinic	18 9:00 to 5:00 pm – Same Day Clinic	19 9:00 to 3:00 pm – Same Day Clinic
22 9:00 to 5:00 pm – Same Day Clinic	23 9:00 to 5:00 pm – Same Day Clinic 8:30 to 12:00 – Menopause/Forms Clinic 9:00 am to 5 pm – Dr. Morissette (Referral)	24 9:30 to 2:00 pm – Same Day Clinic	25 9:00 to 5:00 pm – Same Day Clinic	26
29 4:30 to 7:00 PM – Menopause/Forms Clinic	30			

RED – Same Day Clinic | BLUE – Dr. Morissette (Psychiatry)
BLACK – Dr. O'Neil (Menopause, Metabolic Health & Forms Clinic)

Referral means you must have a referral from your Family GP/NP; Same Day Clinic is done same day only starting at 8am.

PERSONAL NOTICES



Harris Ivan Backman

We would like to express a sincere thank you to all our friends and family for supporting us through Harris' long illness and passing on January 26, 2026.

Thank you for all the cards, on-line condolences, phone calls, visits, donations to the Alzheimer Society of Nova Scotia, and to the Parish of Blandford Ladies Guild for the lovely fruit basket.

A graveside service was held on June 20, 2026 at All Saints Cemetery, Bayswater, NS with Pastor Don Green officiating. Sincere thanks goers to Mike Thornborrow of Personal Care Cremations who made Harris' passing easier to bare.

Thank you.

The family of the late Harris Ivan Backman, Audrey wife of 59 years; Bryce and Chrissy who designed and made the urn; Steven and Tania Cheyenne, Aliyah and Chris. Steven designed and chose the headstone.



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376 Parkwood Drive, Mill Cove

to book a Tee Time call 902-857-1333 or visit us online at aspotoganridge.com



Services Available at Aspotogan Heritage Trust

10 Pte. Richard Green Lane, Hubbards



Free wifi and public computer usage Printing, Scanning, Faxing, Copying

Shredding , Laminating, Binding

Co-working spaces (hourly/daily/weekly rates) and boardroom access are available

Grant information and support services for community groups

For more information, contact the Aspotogan Heritage Trust (AHT) at 902-857-1133 or via email at info@aspotogan.org

BUSINESS SERVICES

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— LANDSCAPING —



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PARISH SCHEDULE/COMMUNITY NOTICES



Ministry@ParishofBlandford.ca
<https://parishofblandford.ca>

St. Cuthbert's: 2734 NS-329. Northwest Cove
 All Saints: 4122 NS-329. Bayswater
 St. Barnabas: 4936 NS-329. Blandford

September 2026 Worship Schedule (latest updates: <https://parishofblandford.ca/service-schedule/>)

September 6 th	Morning Prayer	10:00am	All Saints, Bayswater
September 13 th	TBA*	10:00am	St. Barnabas, Blandford
September 20 th	Morning Prayer	10:00am	St. Cuthberts, Northwest Cove
September 27 th	Deconsecration, Evening Service	6:00pm	St. Barnabas, Blandford

* Availability of Lay Minister or Priest not confirmed at time of publishing; please visit the online Worship Schedule (<https://parishofblandford.ca/service-schedule/>) for latest updates.

As everyone knows, St. Barnabas Church in Blandford has been sold. The deconsecration of St. Barnabus Church by Bishop Sandra will take place on September 27, in the evening at 6:00pm with a reception at the rectory afterwards. Also, our priest in charge, Esther Deng, has been given a full-time position as priest of St. John's Church in Sackville. We are sorry to see her go. As a result, some of our services are on a "to be announced" schedule, pending replacement arrangements being made for our priest in charge. Please see our church website at: <https://parishofblandford.ca> to find out who will be officiating at any particular service.



COMMUNITY BBQ & FUNDRAISER

SATURDAY, SEPT 12

11:00AM- 2:00PM

ASPOTOGAN HERITAGE TRUST

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HUBBARDS



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-  CONNECT WITH YOUR COMMUNITY

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PHONE: 902-273-2440



WEBSITE: [COMMUNITYWHEELS.RURALRIDES.CA](https://communitywheels.ruralrides.ca)



FACEBOOK: COMMUNITY WHEELS, CHESTER, NOVA SCOTIA

COMMUNITY EVENTS CALENDAR

SEPTEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Fire Trg 7 pm	2 Board Mtg BCC 7pm 45's cards OS 7 pm	3 Pickleball BCC 6 pm	4 Chair Yoga BCC 10 am 45's cards OS 7 pm	5
6 10 am All Saints	7	8 Fire Trg 7 pm	9 45's cards OS 7 pm	10 ARA Annual Gen Mtg BCC 7pm Pickleball BCC 6 pm	11 Chair Yoga BCC 10 am 45's cards OS 7 pm	12
13 10 am St. Barnabas Athenaeum 2:30 pm OS	14 Fire Mtg BCC 7pm	15 Fire Trg 7 pm	16 Talking Trash Hubbards Lions Club 6 pm 45's cards OS 7 pm	17 Pickleball BCC 6 pm	18 Chair Yoga BCC 10 am Seasiders BCC 7 pm 45's cards OS 7 pm	19
20 10 am St. Cuthberts	21 OCT 2026 Newsletter Deadline	22 Fire Trg 7 pm	23 45's cards OS 7 pm	24 Pickleball BCC 6 pm	25 Chair Yoga BCC 10 am 45's cards OS 7 pm	26
27 6 pm St. Barnabas	28	29 Fire Trg 7 pm	30 45's cards OS 7 pm		BCC = Blandford Community Centre	OS = Ocean Swells Community Centre

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1/4 Page \$ 8.00
1/2 Page \$12.00
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Business Card Size \$ 8.00
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CONTACT EDITOR FOR MORE INFO
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**SUBMISSION DEADLINE FOR OCT
NEWSLETTER:**

SEPTEMBER 20, 2026